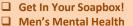
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NW Chilterns Community Board: https://bit.ly/3h1LFSk

@HughendenStreet

https://bit.ly/2PNqQfg HELPLINE: 07392 683500

Issue 179-14th March 2024

Hughenden Newsletter

Find us on Facebook: https://bit.ly/2PNqQfg

The Hughenden Street Association vision

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

So much has been achieved by the Street Association with more still to do together. Take a look: http://bit.ly/2Skst40

Crime Prevention Webinars, Spring 2024



Neighbourhood Watch is offering a series of free webinars with invited experts on burglary in the digital age, anti-social behaviour aimed at heritage buildings and sites, vehicle crime, isolation and loneliness and stalking.

The webinars are via **Zoom** and you can register by following the links below. Times: 4.30pm - 5.30pm

Taking home security to the next level. Monday 18th March Click HERE to register

Anti-social behaviour and Heritage crime. Tuesday 19th Click **HERE** to register

Top tips from policing's tactic lead for vehicle crime,

Wednesday 20th March. Click HERE to register Understanding the role of isolation & loneliness in scams.

Thursday 21st March. Click HERE to register

Stalking and female personal safety. Friday 22nd March.

Click HERE to register.

Men's Mental Health

It is so important that we talk about men's mental health. The amazing team at Andy's Man Club offer a wide range of support which is available locally in **Thame**. The stigma surrounding this health issue really does need to be addressed. The Club welcomes any man over the age of 18. Click HERE to find out more.



River Pollution

There has been plenty of coverage on the impact of river pollution and it is being felt very close to home. The Bucks, Berks & Oxon Wildlife Trust is keen to explain what could be done. Click HERE to find out more.

Illegal to cut a hedge in Spring? Yes - And No says Protect The Wild. A timely summary HERE.



St. Michael & All Angels

Thames Valley Police Social Media Summary, 12 March. Click HERE to find out what has been happening.





High Blood Pressure – Free Check

High blood pressure is the largest treatable risk factor for cardiovascular disease (CVD) which can lead to a fatal heart attack, stroke, kidney disease or vascular dementia. CVD causes 1 in 4 deaths in England.



That is why the new high profile blood pressure testing campaign launches Monday 11th March with adverts across TV, social media, PR and billboards, encouraging those 40 and over to get a free blood pressure check at the nearest participating pharmacy. Click HERE to find out more.

Get In Your Soapbox!

The Soapbox Challenge will return for 2024 on 14 and 15 September as part of the Kop Hill Climb event.

If you fancy putting together a team or know someone that might be interested (either as an individual or up to three drivers) in building a Soapbox to race down their fantastic course, why not go along to the first Open Morning at The Repair Barn, Culverton Farm, Wycombe Road, Princes Risborough, HP27 0EU, on Saturday 9 March 2024, between 10.00am and 12.00pm, who will be hosting all budding racers from 8-16 years.

Learn how to design, build and race your very own Soapbox cart. If you can't make that day, then why don't you email soapbox@kophillclimb.org.uk with your details and they will be in touch.



Don't Forget

HSA Pub Lunches. A great way to support our local pubs. Contact Anne Smart, Ward Leader Co-Ordinator to find out which lunch is near you. Call 07970 037419.

Burglary Prevention Meeting, Friday 22nd March @ 7.30pm at Hazlemere Community Centre, Rose Avenue, Hazlemere HP15 7UB. Doors open at 6.30pm. All welcome.

Contact the Editor

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